



COAGH PRIMARY SCHOOL



October Menu 2019

	Week Commencing 30/09/2019	Week Commencing 07/10/2019	Week Commencing 14/10/2019	Week Commencing 21/10/2019
 MON	Sliced chicken or Fish cake peas, carrots, mashed potato, gravy Biscuit	Savoury Mince (carrot & onion) or Peppered Chicken & rice Peas, mashed potato Cookie	Sliced chicken or Pasta Bolognese Carrots, sweetcorn, mashed potato, gravy Muffin	Steak burger or Chicken Carrots, sweetcorn, mashed potato, gravy Cookie
 TUES	Fish fingers or Sweet and sour chicken & rice Beans, peas, mashed potato, chips Ice cream	Chicken nuggets or Chicken broccoli pasta bake Mashed potato, chips, sweetcorn Ice cream	Sausages or Chicken curry & rice Beans, peas, mashed potato, chips Krispie Square	Chicken nuggets or Pizza Sweetcorn, coleslaw, mashed potato, chips Jelly
 WED	Chicken goujons or Steak burger Sweetcorn, mashed potato, gravy Jelly	Fish fingers or Chilli chicken wrap Carrots, peas, mashed potato, gravy Krispie Square	Chicken goujons or Stuffed bacon roll Carrots, sweetcorn, mashed potato, gravy Biscuit	Homemade Vegetable or Chicken soup Hot Dog or Salmon Baguette Biscuit
 THURS	Homemade Vegetable or Chicken soup Hot Dog Biscuit	Roast gammon or Chicken Veronique & rice Carrots, sweetcorn, mashed potato, stuffing, gravy Jelly	Fish fingers or Tikka Chicken wrap Peas, carrots, mashed potato, gravy Jelly	Sliced Chicken or Breaded fish Carrots, broccoli, mashed potato, gravy Krispie Square
 FRI	Roast Turkey or Shepherd's pie Carrots, peas, mashed potato, gravy Mousse	Steak burger or Chicken curry & rice Carrots, sweetcorn, mashed potato, gravy Ice cream	Roast turkey or Chicken crumble Carrots, broccoli, stuffing, mashed potato, pasta, gravy Mousse	Fish fingers or Chilli chicken wrap Beans, peas, mashed potato, gravy Ice cream

Menu subject to deliveries....

Fruit, Yoghurt, Bread Milk & Water available daily

Dinners cost **£2.60** per dinner, **£13.00** per week– money to be placed in an envelope with child's name, days they are taking dinner and amount enclosed written on the outside.

If a child has an allergy, please contact the Principal/Unit Catering Supervisor