COAGH PRIMARY SCHOOL SEPTEMBER 2019



	SEPTEMBER 2019				
		WEEK COMMENCING 02/09/201	WEEK COMMENCING 09/09/2019	WEEK COMMENCING 16/09/2019	WEEK COMMENCING 23/09/2019
MON		Fish fingers or Chicken curry & rice, peas, beans, mashed potato, pasta, gravy Flakemeal Biscuit	Roast Chicken or Pasta Bolognaise, carrots, peas, stuffing, gravy, mashed potato Shortbread	Sliced Chicken or Savoury mince, carrots, sweetcorn, mashed potato, gravy Muffin	Oven baked sausages or BBQ Chicken, sweetcorn, mashed potato, gravy Cookie
TUES		Homemade pizza or Chicken goujon wrap, chips, mashed potato, sweetcorn Jelly Pot	Chicken nuggets or Peppered chicken & rice, sweetcorn, mashed potato, chips Ice cream	Fish fingers or Chicken Tikka wrap, peas, sweetcorn, mashed potato, chips Jelly Pot	Chicken Nuggets or Pizza, Sweetcorn, mashed potato, chips Krispie Square
WED		Roast chicken or Steakburger, stuffing, gravy, carrots, peas, mashed potato Ice cream	Fish Fingers, Sausages or Chicken Broccoli bake, beans, sweetcorn, mashed potato, gravy Cookie	Chicken goujons or Bacon Roll, mixed vegetables, mashed potato, gravy Krispie Square	Steakburger, Salmon Roll or Lasagne, peas, mashed potato, gravy Ice cream
THURS		Oven baked sausages or Sweet & sour chicken & rice, peas, carrots, mashed potato, gravy Muffin	Steak burger or Chicken chilli wrap, peas, mashed potato, gravy Krispie Square	Roast Gammon or Chilli chicken wrap stuffing, gravy, peas, carrots, mashed potatoes Biscuit	Fish fingers or Hot chicken wrap, beans, peas, mashed potato, gravy Jelly Pot
FRI		Roast Gammon or Fish cake, carrots, broccoli, mashed potato, gravy Mousse	Roast Turkey, carrots, sweetcorn, stuffing, mashed potato, gravy Jelly Pot	Steakburger or Chicken curry & rice, sweetcorn, mashed potato, gravy Ice cream	Sliced chicken or Breaded fish, carrots, peas, stuffing, mashed potato, gravy <u>Mousse</u>

Menu subject to deliveries....

Fruit, Yoghurt, Bread Milk & Water available daily

Dinners cost £2.60 per dinner, £13.00 per week-money to be placed in an envelope with child's name, days they are taking dinner and amount enclosed written on the outside.

If a child has an allergy, please contact the Principal/Unit Catering Superior